

Lake Conference Championships - Weds, October 8, 2025

Gale Woods Farm - 60 degrees, sunny (Perfect!)

Varsity Race - 1st Place (40 pts.)

Runner	1K	2K	3K	4K	Finish	Splits				
4 Thomas Berndt	3:05	6:21	9:33	12:56	15:56.7	3:05	3:16	3:12	3:23	3:00
7 Will Chabot	3:05	6:22	9:36	13:00	16:06.5	3:05	3:17	3:14	3:24	3:06
8 Connor Viera	3:05	6:22	9:36	13:00	16:10.2	3:05	3:17	3:14	3:24	3:10
10 Samarth Raj	3:06	6:27	9:42	13:06	16:17.2	3:06	3:21	3:15	3:24	3:11
11 Nolan Wandler	3:06	6:27	9:42	13:06	16:22.8	3:06	3:21	3:15	3:24	3:17
12 Matthew Jenneke	3:05	6:23	9:40	13:09	16:26.0	3:05	3:18	3:17	3:29	3:17
21 Aidric Pfeifer	3:10	6:29	9:54	13:24	16:41.4	3:10	3:19	3:25	3:30	3:17
22 Charlie Williams	3:10	6:38	10:00	13:31	16:42.1	3:10	3:28	3:22	3:31	3:11
23 Abdirisak Robleh	3:10	6:29	9:51	13:24	16:42.5	3:10	3:19	3:22	3:33	3:18
25 Evan Furcht	3:13	6:43	10:07	13:42	16:49.0	3:13	3:30	3:24	3:35	3:07
27 Elliot M. Williams	3:13	6:44	10:11	13:42	16:51.0	3:13	3:31	3:27	3:31	3:09
34 Troy Tong	3:15	6:45	10:11	13:45	17:08.8	3:15	3:30	3:26	3:34	3:24

70 finishers

Junior Varsity Race - 1st Place (15 pts.)

Runner	1K	2K	3K	4K	Finish	Splits				
1 Lachlan Ruffing	3:19	6:53	10:17	13:47	16:57.4	3:19	3:34	3:24	3:30	3:10
2 Sam Linman	3:14	6:45	10:14	13:49	17:09.6	3:14	3:31	3:29	3:35	3:20
3 Jack Dudycha	3:20	6:54	10:23	13:58	17:20.9	3:20	3:34	3:29	3:35	3:23
4 Hudson Pawlowski	3:14	6:46	10:16	14:07	17:32.3	3:14	3:32	3:30	3:51	3:25
5 Ryan Haag	3:21	6:58	10:33	14:14	17:32.3	3:21	3:37	3:35	3:41	3:18
6 Jas Thephanonxay	3:28	7:07	10:42	14:15	17:32.8	3:28	3:39	3:35	3:33	3:18
7 Jack Paris	3:23	7:02	10:36	14:15	17:38.5	3:23	3:39	3:34	3:39	3:23
8 Matthew Wang	3:21	6:59	10:33	14:15	17:41.8	3:21	3:38	3:34	3:42	3:27
11 Graham Hedtke	3:22	6:59	10:39	14:35	17:59.1	3:22	3:37	3:40	3:56	3:24
12 Quentin Freeman	3:28	7:07	10:43	14:28	18:01.3	3:28	3:39	3:36	3:45	3:33
16 Will Goodrich	3:21	7:02	10:41	14:32	18:06.1	3:21	3:41	3:39	3:51	3:34
17 Cooper Lam	3:38	7:23	11:01	14:42	18:07.1	3:38	3:45	3:38	3:41	3:25
18 Siddharth Raj	3:38	7:23	11:01	14:42	18:07.6	3:38	3:45	3:38	3:41	3:25
20 Ethan Kim	3:36	7:19	10:57	14:43	18:14.0	3:36	3:43	3:38	3:46	3:31
21 Oliver Martinson	3:30	7:18	10:57	14:42	18:17.3	3:30	3:48	3:39	3:45	3:35
23 Maurya Jakkaraju	3:37	7:19	10:58	14:45	18:20.5	3:37	3:42	3:39	3:47	3:35
25 Tanner Stoltenberg	3:16	6:55	10:36	14:36	18:21.2	3:16	3:39	3:41	4:00	3:45
26 Evan Young	3:33	7:13	10:50	14:47	18:21.8	3:33	3:40	3:37	3:57	3:35
29 Iain Nyland	3:34	7:18	10:58	14:45	18:26.7	3:34	3:44	3:40	3:47	3:42
40 Jonathan Marshall	3:44	7:29	11:13	15:02	18:35.1	3:44	3:45	3:44	3:49	3:33
47 Zubin Sinha	3:22	7:00	10:43	14:42	18:46.7	3:22	3:38	3:43	3:59	4:05
52 Carter Herness	3:52	7:41	11:26	15:21	18:52.4	3:52	3:49	3:45	3:55	3:31
53 Luke Schirack	3:42	7:29	11:13	15:11	18:53.0	3:42	3:47	3:44	3:58	3:42
54 Ethan Parr	3:44	7:34	11:19	15:13	18:53.7	3:44	3:50	3:45	3:54	3:41
59 Evan Holly	3:37	7:39	11:31	15:36	19:00.1	3:37	4:02	3:52	4:05	3:24
61 Eshaan Parnerkar	3:44	7:33	11:15	15:17	19:04.9	3:44	3:49	3:42	4:02	3:48

Runner	1K	2K	3K	4K	Finish	Splits				
62 James Tanaka	3:35	7:19	11:11	15:19	19:06.6	3:35	3:44	3:52	4:08	3:47
66 Harshav Madasamy	3:45	7:35	11:28	15:34	19:15.8	3:45	3:50	3:53	4:06	3:42
68 Ryan Salatino	3:34	7:33	11:30	15:34	19:17.5	3:34	3:59	3:57	4:04	3:43
74 Jack Lueder	3:29	7:11	10:56	15:15	19:22.9	3:29	3:42	3:45	4:19	4:08
75 Henry Wandler	3:34	7:32	11:31	15:37	19:24.9	3:34	3:58	3:59	4:06	3:48
77 Ethan Lam	3:55	7:57	11:53	15:54	19:26.8	3:55	4:02	3:56	4:01	3:33
80 Sam Hagen	3:54	7:57	11:54	15:55	19:29.5	3:54	4:03	3:57	4:01	3:34
82 Jacob Scott	3:57	7:57	11:53	15:55	19:30.0	3:57	4:00	3:56	4:02	3:35
84 Ian Willing	3:51	7:45	11:40	15:41	19:31.3	3:51	3:54	3:55	4:01	3:50
85 Landon Kubat	3:56	7:57	11:54	15:54	19:32.4	3:56	4:01	3:57	4:00	3:38
92 Patrick Higgins	3:57	7:58	11:54	15:58	19:38.5	3:57	4:01	3:56	4:04	3:40
101 Kierran Monical	3:57	7:59	11:57	16:01	19:49.4	3:57	4:02	3:58	4:04	3:48
112 Jackson Ruffing	4:00	8:06	12:09	16:23	20:02.7	4:00	4:06	4:03	4:14	3:40
113 Sean Gatzke-Dooley	4:03	8:14	12:20	16:25	20:05.4	4:03	4:11	4:06	4:05	3:40
123 Aiden McNallan	4:14	8:46	12:50	16:49	20:21.2	4:14	4:32	4:04	3:59	3:32
136 Oliver Picha	3:57	8:10	12:12	16:38	20:35.8	3:57	4:13	4:02	4:26	3:58
148 Kieran Finnegan	3:55	7:59	12:09	16:39	20:54.5	3:55	4:04	4:10	4:30	4:15
157 Easton Hughes	4:15	8:46	13:01	17:24	21:04.7	4:15	4:31	4:15	4:23	3:41
173 Luke Jackson	4:14	8:46	13:04	17:39	21:36.9	4:14	4:32	4:18	4:35	3:58
175 Ryan Felty	4:15	8:46	13:04	17:39	21:40.9	4:15	4:31	4:18	4:35	4:02
183 George Stensland	4:18	8:47	13:14	17:55	21:59.0	4:18	4:29	4:27	4:41	4:04
188 Jack Horsley	4:26	9:17	13:47	18:25	22:26.0	4:26	4:51	4:30	4:38	4:01
194 Gavin Crowther	4:32	9:18	13:49	18:35	22:45.9	4:32	4:46	4:31	4:46	4:11
198 Jack Kieser	4:32	9:17	13:48	18:35	22:54.9	4:32	4:45	4:31	4:47	4:20
204 Andrew Beal	4:35	9:27	14:09	19:03	23:08.2	4:35	4:52	4:42	4:54	4:05
211 Harrison Turner	4:35	9:27	14:06	19:00	23:24.9	4:35	4:52	4:39	4:54	4:25
230 Trey Liebersbach	4:50	10:06	15:04	20:02	24:26.0	4:50	5:16	4:58	4:58	4:24
234 Kalsang Agantsang	4:58	10:16	15:19	20:35	25:12.6	4:58	5:18	5:03	5:16	4:37
249 Aryan Maheshwari	5:17	10:53	16:20	21:49	26:47.9	5:17	5:36	5:27	5:29	4:59
250 Sam Barrick	5:08	10:43	16:10	21:46	26:50.7	5:08	5:35	5:27	5:36	5:05
253 Ram Vijayalayan	5:19	11:10	16:49	22:50	27:52.4	5:19	5:51	5:39	6:01	5:02
254 Thashwanth Vaishnavi	5:19	11:10	16:49	22:50	27:52.5	5:19	5:51	5:39	6:01	5:02
256 finishers										
Thomas Barrett	3:14	6:45	10:14			3:14	3:31	3:29		